

Lecture 25: March 29

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25.1 Angle action variables

There is a special choice of variables we use for *periodic motion*. Since the motion always stays on a “surface” of constant \mathcal{H} , and for one degree of freedom these surfaces are contours in a two dimensional phase space, the constant \mathcal{H} contours will be closed curves when the motion is periodic. The “action variable”, traditionally written I , is defined as

$$2\pi I(q, p) = \text{phase space area (action) enclosed by } \mathcal{H} \text{ contour passing through } (q, p) \quad (25.1)$$

This variable plays the role of the transformed momentum variable, denoted P in previous lectures. By construction, I is always non-negative and the Hamiltonian (for the new variables) is solely a function of I :

$$\mathcal{H}' = h(I). \quad (25.2)$$

The transformed coordinate variable, that I is conjugate to (and previously denoted Q), is written θ and called the “angle variable”. We can define θ by a geometrical construction as follows. Draw a curve, starting at the point (q_0, p_0) in phase space where $I = 0$ (the center of all the contours), and crossing all the contours exactly once. Unless the contours have complicated shapes, a straight ray serves this purpose. This ray/curve defines $\theta = 0$ everywhere in phase space. To define θ elsewhere, we use the phase-space area constancy property. Consider the annular region in the (q, p) plane bounded by contours with action I and $I + \Delta I$. The canonical transformation maps this annulus to a rectangular region in the (θ, I) plane bounded by I , $I + \Delta I$, $\theta = 0$ and $\theta = 2\pi$. In order that equal areas of the annulus get mapped to equal areas in the rectangle, we define the angle variable as follows:

$$\theta(q, p)/2\pi = \text{fraction of the annulus area, measured clockwise from } \theta = 0. \quad (25.3)$$

Exercise: Sketch the (q, p) and (θ, I) phase spaces side by side, showing some corresponding contours of constant I (and constant \mathcal{H}). Locate points in the (q, p) plane that correspond to $\theta = 0$ and $\theta = \pi/2$.

Hamilton's equations in the transformed variables are exceedingly simple:

$$\dot{\theta} = +\frac{\partial \mathcal{H}'}{\partial I} = \frac{dh}{dI} \quad (25.4)$$

$$\dot{I} = -\frac{\partial \mathcal{H}'}{\partial \theta} = 0. \quad (25.5)$$

The second equation implies $I = I_0$ is constant — something we already knew since $\mathcal{H}' = h(I)$ will only be constant if I is constant. The solution of the first equation is almost as simple:

$$\dot{\theta} = \left. \frac{dh}{dI} \right|_{I=I_0} = \omega_0 = \text{constant} \quad (25.6)$$

$$\theta(t) = \omega_0 t + \theta_0. \quad (25.7)$$

The periodicity of orbits is built into the topology of the (θ, I) phase space, as we declare the points $(0, I)$ and $(2\pi, I)$ equivalent. In other words, the two sides of the semi-infinite rectangle are sewn together, topologically, into a cylinder.

A useful way to think about the transformed Hamiltonian (25.2) is in terms of its derivative. Let T_0 be the period of the motion when the action is I_0 . By (25.7) we have $\omega_0 T_0 = 2\pi$, and therefore, using (25.6),

$$\left. \frac{dh}{dI} \right|_{I=I_0} = \frac{2\pi}{T_0}. \quad (25.8)$$

25.1.1 Transforming the simple harmonic oscillator to angle action variables

Let's construct the actual transformation to angle-action variables for the simplest model of periodic motion: the harmonic oscillator. We will consider a pendulum where the length of the string l may be varied over time. Since the canonical transformation in this case is time-dependent, we will eventually need the full machinery of generating functions (lecture 24) to work out the transformed Hamiltonian \mathcal{H}' .

Assuming a massless string supporting a point mass M , the Lagrangian of the system is

$$\mathcal{L} = T - V = \frac{1}{2}M \left(l\dot{\phi} \right)^2 - Mgl(1 - \cos \phi) \quad (25.9)$$

$$\approx \frac{1}{2}M \left(l\dot{\phi} \right)^2 - \frac{1}{2}Mgl\phi^2, \quad (25.10)$$

where ϕ is the angle from the vertical, and we are interested only in small amplitude oscillations. To preserve continuity with the earlier notation, we make the replacement $\phi \rightarrow q$ for the coordinate and define

the conjugate momentum in the usual way:

$$p = \frac{\partial \mathcal{L}}{\partial \dot{q}} = Ml^2 \dot{q}. \quad (25.11)$$

We write the resulting Hamiltonian in two ways,

$$\mathcal{H} = p\dot{q} - \mathcal{L} = \left(\frac{1}{2Ml^2} \right) p^2 + \left(\frac{Mgl}{2} \right) q^2 \quad (25.12)$$

$$= \left(\frac{1}{2Ml^2} \right) p^2 + \left(\frac{M\omega^2 l^2}{2} \right) q^2, \quad (25.13)$$

where

$$\omega = \sqrt{g/l}. \quad (25.14)$$

When we later study the effect of a time dependent length l we will have to remember that this makes the frequency ω also time dependent.

Here is the generating function that will transform the (q, p) phase space of the harmonic oscillator to the angle action (θ, I) phase space:

$$F(q, \theta, t) = \frac{1}{2} M\omega l^2 q^2 \cot \theta. \quad (25.15)$$

Note that the second argument of F is occupied by θ , our name for the transformed coordinate variable. The canonical transformation is determined by the following two equations:

$$p = + \frac{\partial F}{\partial q} = M\omega l^2 q \cot \theta \quad (25.16)$$

$$I = - \frac{\partial F}{\partial \theta} = - \frac{1}{2} M\omega l^2 q^2 \left(\frac{-1}{\sin^2 \theta} \right). \quad (25.17)$$

Solving for q in the second equation,

$$q = \sqrt{\frac{2I}{M\omega l^2}} \sin \theta, \quad (25.18)$$

we see that the “angle variable” θ is not the same as the angle $q = \phi$ of the pendulum. Substituting this q into the first equation, we obtain

$$p = \sqrt{2IM\omega l^2} \cos \theta. \quad (25.19)$$

Finally, substituting these formulas expressing (q, p) in terms of (θ, I) into the Hamiltonian (25.13), we obtain

$$\mathcal{H}'(\theta, I, t) = \omega I + \frac{\partial F}{\partial t}. \quad (25.20)$$

When the transformation is time-independent ($\partial F/\partial t = 0$) the transformed Hamiltonian is especially simple: a linear function of I . This should not be surprising because we know that the period (25.8) of the simple harmonic oscillator is a constant, independent of amplitude (enclosed action).